

UCD AFC's Leinster Senior League Squad members Niall Daly and Conor McGroarty became guinea pigs for the day.



RTE 2's Bulletin TV visited Belfield during the week to try and explain the science behind the penalty kick. Niall Daly took up the role of striker supreme and Conor McGroarty pulled on the gloves to prove the keeper really does have a chance.

To see how the lads got on, [click here](#) , and fast forward to 14:54 and watch as nerves, passion and play acting are pushed aside and science takes centre stage.