

U19 manager Al Sugg had a chat with UCDSOCCER.COM about the season and more



Al Sugg is the UCD U19s manager. He arrived in January 2012 towards the end of last season's 19s campaign.

So how did he get into coaching?

“Many years ago, I got involved by helping with my younger brother's team and it progressed from there. I've been very lucky to get to travel through coaching – England, Scotland, Germany, Faroe Islands, South Africa and Georgia, amongst others. It's been an education, every step of the way.”

Al has held a number of different coaching positions throughout his career. He's been manager of the UCFL's Senior and Youths teams, Assistant Director of Coaching for the DDSL as well as Director of Coaching on a caretaker basis, Director of Coaching to Mount Merrion Youths FC and he's worked for AC Milan's summer camps in Dublin.

Coaching badges are something every Airtricity League coach must have, and Al is no different.



[REDACTED]

